



This Policy tells you about **Advocacy** and **Advocates** what this means.



Advocacy is the act of **supporting** and **helping** others to **understand their rights** and to **help** them **achieve** an outcome.



An **Advocate** is a **person** who help you to:

- **Understand** your **rights**:
- **Help** you to **communicate** your **opinion** or **feelings**
- Get **advice** and/or **information**
- **Represent** you and **speak on your behalf**
- **Make a complaint**
- **Share your ideas**
- Tell **providers or others** what **support** or **assistance** you need. (With your permission)



An **advocate** should be someone you can trust.

They can be a **family** member, a **friend** or even **someone new** like a **professional advocate**.



An **advocate cannot**:

- **Make decisions** for you
- **Make you accept decisions** made by others
- **Control your life** or **do everything** for you



Please **contact Juniper** if you would like **more information** about **Advocacy**

OR if you would like to **view** this information in **another format** (way):

- **Phone**: 1300 313 000
- **Online** <https://www.juniper.org.au/contact-us/>
- **Speak to us in person**



For **more information** about finding an **Advocate** you can **visit** these **websites**:

- **Advocare**
www.advocare.org.au
- **Older Persons Advocacy Network (OPAN)**
<https://opan.org.au>
- **Aged Care Quality and Safety Commission**
www.agedcarecommission.gov.au
- **National Disability Insurance Scheme (NDIS) Commission**
[Error! Hyperlink reference not valid.](#)
- **People with disabilities Western Australia (NDIS)**
[https://www.pwdwa.org/how we can help/individual advocacy.html](https://www.pwdwa.org/how_we_can_help/individual_advocacy.html)