

Retirement Living Juniper Rowethorpe

Connecting our Community Newsletter | December 2023

Robin nails retirement at Rowethorpe

Robin Johnson's earliest memories of woodwork stem back to his childhood, where he was kicked out of his class for being "too small and weak" to complete his tasks.

But that moment came full circle many years later when Robin found himself teaching woodwork at the prestigious Hale School for some 30 years.

As a sixth-generation carpenter on his father's side and a seventh-generation teacher on his mother's side, Robin was destined to bring the two together.

Drawing from his own experience with woodwork as a child, Robin was determined to teach his students in a more empowering way.

"It's very important in life to teach according to a student's age and physical abilities," he said.

"When I was teaching at Hale, I could control what was being taught. I wanted to build their confidence and their skills.

"As a result, Hale became the top school in Woodwork for five years running."

Having retired some 15 years ago, Robin's love of woodwork has never faltered.

From tinkering around in his home shed to joining local men's sheds, Robin continued to brandish the skills he had taught for most of his working life.

Moving into Juniper Rowethorpe's close-knit retirement living community in Bentley in mid-2022, word got around about Robin's talents, which led him to be invited to join the on-site residents' shed.

With the help of fellow Juniper Rowethorpe resident Bill Henshall, the pair worked together to clean up the shed and quickly garnered a reputation as the 'on-site' handymen that residents could go to help fix or restore their furniture.

He added that continuing his love of woodwork was key to keeping active and engaged at the age of 90.

"What I learnt very early in life is, when you retire, if you don't keep yourself busy and do what you love, you shorten your life," he said.

"So that's why I like to keep myself busy and active with woodwork."



Robin Johnson has continued his love of woodwork at Rowethorpe

"What I learnt very early in life is, when you retire, if you don't keep yourself busy and do what you love, you shorten your life." – Robin Johnson



What's inside:

- Trinity resident receives UWA award
- Meet Jade Chin and Kaycee Chambers
- New partnership with Lawn Bowls WA



Message from the CEO

Can you believe there is just a few weeks left of 2023?

And what a year it has been for Juniper.

Reflecting on the past year as CEO, I can confidently say that Juniper has a bright future ahead.

Since joining Juniper last December, I've had the privilege of meeting many residents across our Retirement Living communities, including at Rowethorpe, and what I've noticed is how supportive, kind and welcoming everyone is to one another, which really highlights our Juniper values of respect, welcome and compassion.

You'll see our story about Juniper's recent partnership with Bowls WA, which highlights our commitment to advocating for the wellbeing of older Western Australians.

I'm sure many of you will appreciate this new partnership given the cohort of residents who are lawn bowl enthusiasts!

I look forward to visiting you all again soon.

Wishing you all a Merry Christmas and a Happy New Year!

Russell Bricknell
Chief Executive Officer



Do you have a nice story you would like to share?

Contact the Juniper Communications team to feature in the next newsletter!

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Hello from Jade

Hello residents!

So you may have seen me around lately!

My name is Jade and I will be your new Retirement Living Coordinator at Rowethorpe.

I am super excited to be a part of the Juniper family and look forward to getting to know each and every one of you. Please DO stop me for a chat if you see me roaming around the premises as I would love to know more about you!

To get us rolling, I guess I'll start off with a little bit about me...

Born on Christmas Island, I moved to Perth at 6 years of age and have been here ever since. I have worked in a wide range of industries including retail, food and beverage, bi-cultural support work, tiny tots tennis coaching, early years education/teaching and most recently, radiology reception. If I am not working, I am either eating, travelling the world, spending quality time with my family, friends and partner, or having a decent hit on the tennis courts.

I have always endeavored to make a difference in others' lives so the opportunity to join the Juniper team and make a difference in YOUR life was super exciting. I would like to first thank you for your understanding and patience while I learn your names and faces. The smiles and words of encouragement I have already received has been phenomenal, and I can already picture Juniper as my second home!

I'd also like to welcome **Kaycee Chambers** (not to be mistaken for the singer!) who joined us in November as an admin officer. Please make her feel welcome!

I am truly looking forward to getting to know you, your stories and your ideas. See you around!

Warm regards,

Jade Chin
Retirement Living Coordinator



Juniper and Bowls WA join forces on the green

Western Australian aged care provider Juniper has joined forces with Bowls WA to enhance community well-being, inclusivity, and social connections through the sport of lawn bowls.

The partnership is a testament to both organisations' shared commitment to adding value to local communities so seniors can lead a fulfilled life.

Juniper Chief Executive Officer, Russell Bricknell said it was important Juniper was part of the communities in which it operates and contributed to connecting customers with their local community.

"Partnering with Bowls WA is not just about lawn bowls; it's about exercise, social connections, and inclusivity for all abilities. We understand the impact of community-based activities and we are excited to support Bowls WA in their mission to foster vibrant, active, and engaged communities," said Russell.

"Social isolation is a major issue for many older Western Australians. We want to combat that by providing opportunities for our customers to connect to the local community if they choose. Your local bowl-o, whether you take a roll or simply come down to watch and chat, can be a fantastic place to connect with others in the local community."

CEO of Bowls WA, Ken Pride, said he was thrilled about the partnership as local bowling clubs play a vital role for seniors in the community.

"Bowls clubs are the heart and soul of our communities. Many of them are powered by dedicated volunteers, providing a sense of belonging and purpose," Ken said.

"Juniper has also sponsored our annual awards, which is a wonderful gesture that not only recognises outstanding sportsmanship but also celebrates the deep community bonds these clubs build."

With one of the largest care footprints in the nation, Juniper is located throughout metropolitan Perth and in the Peel, Great Southern, Kimberley, Mid-West, and Wheatbelt regions.



Bowls WA CEO Ken Pride with Juniper Executive Director of Community Business Development Jo Wilkinson



Love a heart-warming tale?

Get your daily dose of feel-good stories, news and handy tips.

Follow us on Facebook @JuniperAgedCare



Rowethorpe's Little Gems

In this new segment, we encourage our Rowethorpe residents to submit their ideas for 'little gems' around the campus. Here are two 'Little Gems' that have been sent through from one of our residents.



The Bowling Club

The bowling club, located next to the Chapel, is a wonderfully tranquil location except when Bowling is taking place.

The Bowling Club is about to be rejuvenated with a new green and clubhouse.

New bowling members and Social members are welcome.

Check the Social Club Newsletter for contact details.

The Jacarandas

One of many Jacaranda trees in Rowethorpe no doubt enjoyed by the local residents.

Many more can be found wandering around Rowethorpe on a cool late afternoon.

You may even meet other residents, taking a stroll, to stop and have a chat.

Keen to contribute? Send your submission to Retirement Living Coordinator Jade Chin!



Juniper resident Professor Lesley Cala awarded UWA

Renowned as a 'trailblazer' in radiology, a pioneering neuroradiologist, a women's rights advocate and an inspiring educator, Juniper Trinity resident Professor Lesley Cala has been recognised for her outstanding life achievements as a recipient of University of Western Australia's prestigious Chancellor's Medal.

Surrounded by friends and family, Professor Cala was presented the medal by UWA Chancellor Robert French AC during a ceremony held earlier this month at Juniper Rowethorpe's Sutton Community Centre in Bentley.

As one of only four women to graduate with a Bachelor of Medicine degree at UWA in 1964, Professor Cala returned to UWA as a tutor of anatomy and physiology, before relocating to the UK to undertake further medical training to complete a Diploma and Fellowship of the Faculty of Radiologists.

Having established herself as a leading expert in Neuroradiology, Professor Cala returned to Perth where she spent her subsequent years building an illustrious career that saw her work in many respected roles in radiology at Perth hospitals including Royal Perth, Sir Charles Gairdner and Princess Margaret Hospitals.

Among her most significant career milestones include procuring the first CT machine in the Southern Hemisphere for Perth in 1975, and producing a groundbreaking thesis which paved the way for better diagnosis and treatment options for patients.

Now a beloved resident at Juniper Trinity Residential Aged Care Home in Bentley since February 2023, Professor Cala is described by her fellow residents and staff as a vibrant and intelligent woman who is full of light, passion and wisdom.

On receiving the medal, Professor Cala,

84, said she was deeply humbled: "I'm overwhelmed, I really wasn't expecting this at all. I've been very fortunate in my life to have a career that I was very passionate about, so it didn't feel like work."

"Like many older Western Australians in our Juniper community, Professor Cala has contributed much to this State," Juniper CEO Russell Bricknell said. "Her groundbreaking medical work helped form the very foundation for better diagnosis and treatment for patients today.

"Today, Professor Cala continues her passion, pouring over medical journals and articles to keep up-to-date in her field, which helps her to prepare lessons for undergraduate medical students at UWA."

"I've been very fortunate in my life to have a career that I was very passionate about."

- Professor Lesley Cala



Professor Lesley Cala proudly poses with her UWA medal.

Love your morning cuppa?
So does Betty.

Become a Companion Volunteer at Juniper and you'll join a community that enriches the lives of older people.

juniper.org.au/volunteer



From the Rowethorpe Residents Association Inc

The Terrace Café rearrangement and refurbishment has been a great success. The servery staff now enjoy more space and are out of the elements. Customers now have new seating both inside and out. This has also allowed some meals to be prepared on-site which has proven very popular. The RRA is very pleased with the result here.

The new Tranby traffic gate on Hayman road as requested by the RRA many years ago is now fully installed and gives the Tranby residents, and the village generally, added security at night when it shuts automatically at 7pm. Rowethorpe now has only one open entrance at night which we hope will soon be covered by cameras for even better security as recommended.

The RRA is pleased to hear that funding for the new community clubroom and green replacement has been approved and that work will commence early in 2024.

The plan here is that this facility will not only be for club members but a centre for where all residents can congregate and relax.

The RRA AGM in November was very well attended and almost all delegates were renominated for another year. All positions were filled except for one, and that is a healthy sign for the future.

Administration office arrangements have changed and the feedback from residents and our own experience is very positive. The new recruits Jade Chin and Kaycee Chambers have settled in well under Tracey's guidance, so well done to all.

We are following the reticulation issue very closely. A 100 percent fix is just around the corner we are told, and the village should return to its former glory.

We can also report that funds have been allocated for a full renovation of the system in the next financial year.

We wish all our residents a Happy Christmas and a Healthy New Year.

Kind regards,

Eugene Browne
RRA Secretary

Rowethorpe Bus Outings 2023

In reviewing our bus outings for 2023 we need to say a big thank you to the Rowethorpe Social Club, in particular, Jenny Briers, Dawn Cant, Ida Bishop and your drivers for organising the bus outings that we have all enjoyed over the last 10 months.

We have been from pillar to post in a lot of different ways without getting lost (maybe once).

We hope to have some more interesting and gastronomical outings in 2024. Keep an eye out for the Social Club newsletter.

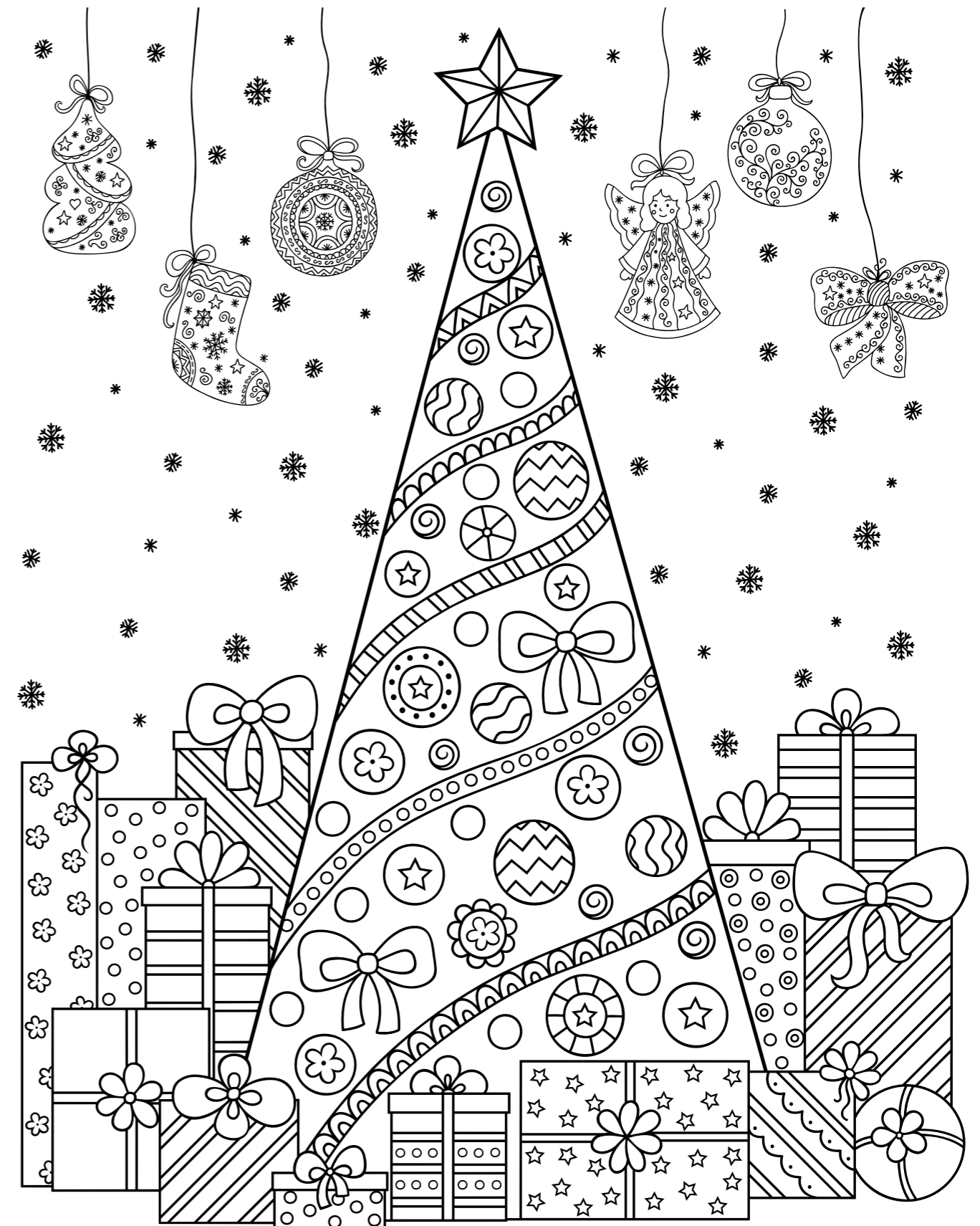
In 2023, we managed outings for 325 ILU Residents and 1664 Residential Aged Care residents. This is a great outcome essentially with only one bus.



Rowethorpe residents have enjoyed many bus outings this year.



Color the Christmas decorations!



Solve the word search puzzle!



CHRISTMAS

WORD SEARCH PUZZLE

J V H G X L Y K M C W U G N X P X
 S S T O J L J K O Y V E O W E A S
 C Z Z B I E G B W R E A T H T T B
 L J Y M N Z V J Z O A T O N M R H
 K R A O Y U L E T I D E A L J E H
 P F B R C W N L I Y H S O W M E G
 P F O N E H C A N D Y C A N E I I
 R P T A I D R B M S B J J W N Y N
 E E B M V Y T I S O M S S Q U V G
 S O M E I D G T S I F A N D T G E
 E N C N C C R H O T N P O O C X R
 N N G T W E A A L B M N W G R U B
 T P P D N E Y R R L U A Q S A P R
 S Y D X K O M N O U I V S S C J E
 M H H S J V A D I L C N L Z K B A
 E W G R E E T I N G S M R F E D D
 D E C E M B E R I N U A Q H R K R

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| JOY | CHRISTMAS | PRESENTS | SANTA |
| GREETINGS | TREE | DECEMBER | GINGERBREAD |
| FAMILY | NUTCRACKER | CANDY CANE | SNOW |
| WREATH | CAROLS | YULETIDE | ORNAMENT |

