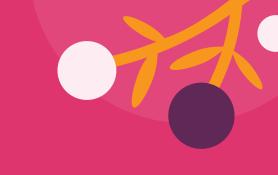
Retirement Living **Juniper Elimatta**



Connecting our Community Newsletter | December 2023

Juniper and Bowls WA join forces

Juniper has joined forces with Bowls WA to enhance community well-being, inclusivity, and social connections through the sport of lawn bowls.

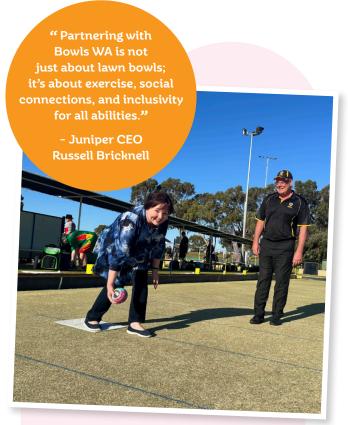
The partnership is a testament to both organisations' shared commitment to adding value to local communities so seniors can lead a fulfilled life.

Juniper Chief Executive Officer Russell Bricknell said it was important Juniper was part of the communities in which it operates and contributed to connecting customers with their local community.

"Partnering with Bowls WA is not just about lawn bowls; it's about exercise, social connections, and inclusivity for all abilities. We understand the impact of community-based activities and we are excited to support Bowls WA in their mission to foster vibrant, active, and engaged communities," Russell said.

"Social isolation is a major issue for many older Western Australians. We want to combat that by providing opportunities for our customers to connect to the local community if they choose. Your local bowl-o, whether you take a roll or simply come down to watch and chat, can be a fantastic place to connect with others in the local community."

Bowls WA CEO Ken Pride said he was thrilled about the partnership as local bowling clubs play a vital role for seniors in the community. "Bowls clubs are the heart and soul of our communities. Many of them are powered by dedicated volunteers, providing a sense of belonging and purpose," Ken said.



Juniper Executive Community Business Development Jo Wilkinson with Bowls WA CEO Ken Pride



What's inside:

- Hello from Jenny
- Upcoming Events
- Check out our Home Care campaign stars!



Message from the CEO

It's hard to believe we're already in December, with just weeks to go until we welcome in the New Year!

We have had some exciting developments in the past few months – firstly, welcoming Waratah Lodge residential aged care home in Wagin to the Juniper family, and secondly, officially acquiring all City of Bayswater-run retirement living villages and residential aged care homes.

I am also excited to announce Juniper's new partnership with Bowls WA, which I'm sure many lawn bowl enthusiasts at Elimatta will appreciate. You can read all about it on the front page of this newsletter.

It is nice to finish off the year with these great developments and I am hopeful that we have many more exciting projects to come in 2024.

I have already had the privilege of meeting some of the residents at Juniper Elimatta and it was truly inspiring to see how connected you all are as a community.

In this newsletter, you can read the latest updates and stories across the Elimatta Retirement Village, as well as some exciting news from across Juniper.

I hope you enjoy reading this newsletter and that you have a safe and happy Christmas!

Russell Bricknell Chief Executive Officer

Hello from Jenny

The warmer days are finally here as we head into the season of Kambarang, aka summer!

It is wonderful to see the village coming back to life, with blossoms appearing on the trees and bushes, and families of ducklings making a reappearance in my suburb.

On behalf of myself and all residents at Elimatta, we'd like to say a very big thank you to all our volunteers onsite.

I know through feedback you assist in any way you can for our residents and personally I only have to ask for help and the answer is always yes "when would you like it done?" Thank you for giving your time – it's very much appreciated.

It saddens me to say that over the past couple of weeks we have lost two of our fur babies Seth and Kobi, both were characters in their own unique ways.

How lucky they were able to live life being treated like kings to a ripe old age. They will be missed. They call them 'Man's Best Friend' for a reason and leave a huge hole in your heart when they have gone.

We hope you enjoy this newsletter, happy reading!

Jenny Hager Retirement Living Coordinator



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A life well lived.

Social calendar



Happy Hour is held every Sunday at 4.30pm in the Orana Lounge. Bring your own drinks and a plate to share! Every second week, we will be doing a barbecue, so please bring your own meat and drinks, as well as a plate of salad or dessert to share! Hope to see you there.



Keen to get out and about and get fit while doing it? Our **Walking Group** meets every Wednesday at 9am in the Orana Lounge. Each week, the group visits different cafes and enjoy a good chat over a cuppa, as well as a leisurely stroll through our beautiful suburb. Everyone is welcome – see Beverley Anastasas for further information.



Every Monday and Friday at 9am, we have a group of **Luk Tung Kuen exercises** underway in the Orana Lounge. These movements focus on stretching and breathing and are suitable for all fitness levels. Everyone is welcome, and it's free to join!



If you're an avid reader, then why not consider joining the new **Elimatta Village Book Club**? A few residents have mentioned that they would be interested in starting a book club in the village, and this would be a great way for us bookworms to meet regularly over a cuppa and a chance new books and get other residents involved! If you are interested, please call John Smith a call on 0414 661 189.



Are you interested in **drawing and art**? Join us every Thursday morning at 10am in the Craft Room for a few relaxing hours of art or drawing. You don't have to be a Picasso to come along – if you are interested, please contact Julie Holmshaw on – 0403 586 028 or email her at julieh50@dodo.com.au

Thank you, Bev and Terry!

Did you catch Juniper's recent Home Care campaign featuring our very own Elimatta residents, Bev and Terry?

We just love how natural these campaign images have turned out – and we're hugely grateful to Bev and Terry for taking the time to be part of this photo shoot.



Upcoming events

From the Emmy award-winning writer of Schitt's Creek is the hilarious, inspiring and poignant new musical, & Juliet, which is coming to the Perth stage in January 2024. We will be getting together a group to attend the matinee session on Wednesday, January 3. **If you are interested in attending, please contact Bey Anastasas on 0430 482 371.**





Message from the Chairman

We are now in the heat of summer with Christmas in the next few weeks. The Residents Association Committee are working very hard to ensure all our residents are well represented.

The Residents Association Committee held a meeting with Juniper Management on Monday 9th October to discuss and resolve a number of outstanding issues including energy audits within the village. The meeting was very productive with action plans now in place and being implemented.

All residents should have now received via email a copy of "Traffic Flow and Speed through the Village". This was presented at the meeting held on 20th September. This is intended to clarify and highlight to all residents, service people and visitors the need for traffic safety within the village to avoid a serious incident and someone being hurt.

The committee hopes this has finally resolved all the traffic flow issues within the village. The Cone Street gates were finally repaired in late October and are now in good working order. This will now contribute to better traffic flow through the village. Thank you to all apartment residents for their cooperation during this period.

In October all residents were sent a notice regarding Maintenance Requests and contacting the village ILU Coordinator. It is hoped this will result in more efficient processing of maintenance requests. Your cooperation and understanding in implementing these new procedures have been much appreciated. You may notice this edition is again a bit smaller than previous editions. It takes quite a lot of work behind the scenes by our dedicated team to produce the newsletter so we are thinking at times we will have a smaller edition just to allow our contributors rest up. Don't want to burn them out!

If any resident would like to contribute anything of interest to our newsletter, please feel free to contact either Kaye Edelman or myself. We would be very happy to publish your contribution in one of the upcoming newsletters. This can be anything you think the village residents might be interested in!!

We are particularly looking for residents who would like to share their life story with our roving reporter Julie Holmshaw.

I am certain you would agree that our previous life stories have been amazing, with Julie doing a fantastic job in capturing these special memories.

Again, please stay safe and enjoy your Christmas and New Year. Your support and positive feedback are always much appreciated.

Kind regards,

John Smith Chairman, Elimatta Village Residents Association

Love your morning cuppa? So does Betty.

Become a Companion Volunteer at Juniper and you'll join a community that enriches the lives of older people.

juniper.org.au/volunteer

